

# TN AgrAbility Project/UT Gardens/ Alpha Omega Veterans Services Veterans Horticultural Therapy Workshop

**Date: Saturday, June 13, 2020**

**Time: 08:30 – 14:30 (8:30 a.m. – 2:30 p.m. Central Time)**

**Location: Alpha Omega Veterans Services Urban Farm  
2226 Ball Rd., Memphis, TN**

This 6-hour workshop is designed for current military personnel, veterans and spouses. Research shows that exposure to nature and gardening has been shown to improve mental health outcomes for veterans. This workshop will explore the following:

1. Career options for veterans and opportunities to learn about how TN AgrAbility Project can assist veterans.
2. Hands-on gardening/horticulture activities that can help assist veterans when starting a career in horticulture/agriculture.
3. Opportunities to network with other veterans with similar interests.

If you are interested in this program, contact Derrick Stowell at 865-974-7151 or [dstowell@utk.edu](mailto:dstowell@utk.edu).

Online registration: <https://tiny.utk.edu/HTAlphaOmega>

