

# Questions to Women in Agriculture

# What task on your farm/ranch is physically the hardest for you?

---

Loading & Unloading kids in and out of equipment.

Strength to complete tasks.

Sorting cattle.

Moving Sows.

Balancing it all. Family - work -ranch

Making the ethical choice when/if a cow needs put down.

Communication with everyone involved.

# What is one tool or piece of equipment that made your work easier and safer on the farm/ranch?

---

Machinery

Side by Side

Skid Loader

Kioti Tractor – does the job.

Lawn Mower - Zero Turn

Electronic Cattle Chute

# What challenges do you think women in agriculture face most often today?

---

The stigma that women won't know as much as male farmers.

The stigma that women and non-binary persons can't do it all on and off the farm and that they must have a man at home.

People thinking women can't do everything a man can do. Women work just as hard or even harder and never get credit.

People thinking that you don't work but you actually help husband farm.

Balancing work life, farm life, and being a mom.

Not being respected as they serious farmers and workers we are and being treated as less than.

Directions and Names of Fields

Independence & autonomy following a divorce/split.

Trying to balance home and work life.

Respect in the business.

Respect and Balance (work and home)

Balancing Everything.

Emotions to manage during harvest and trucking.

Not being respected.

Underestimating what I can do.

Loosing a spouse.

Getting started.

# What's one thing you do to stay safe or take care of yourself during the busy season?

---

Take a break!

Drink

Sleep & Rest.

Take time for self.

Extra Bible Study / Audio.

SLEEP

Make an effort to ask for help, even if it is hard.

Leave to go quilting with friends.

Take time to reflect on choices.

Spend intentional time away from the farm.

Play game on computer Break times. .

Hobbies: like reading

Pray

Eat Right.

Sorting Cattle.